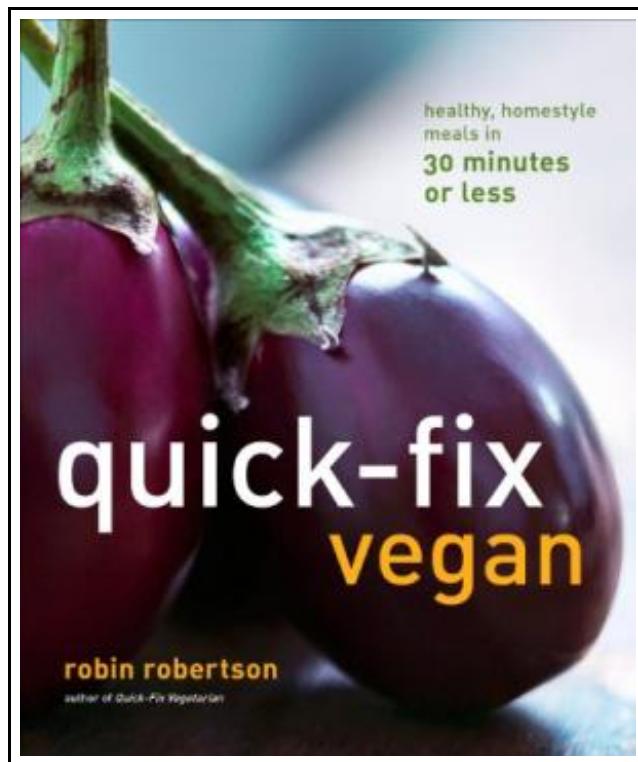


## Quick-Fix Vegan: Healthy, Homestyle Meals in 30 Minutes or Less



Filesize: 4.4 MB

### Reviews

*This book is definitely not effortless to start on reading through but extremely fun to learn. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.*

*(Aliya Franecki)*

## QUICK-FIX VEGAN: HEALTHY, HOMESTYLE MEALS IN 30 MINUTES OR LESS

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Andrews McMeel Publishing. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 8.9in. x 7.4in. x 0.6in. 150 quick and easy vegan recipes all made in 30 minutes or less from a well-loved, best-selling author in the vegan community. Robertson cuts to the chase and puts together good food simply. If you were thinking of slapping together a sandwich, you may as well make one of hers, full of vibrant veggies and flavors, instead of the same old pb and j. It doesn't really take much more time. . . It was a real pleasure making dishes from the book. Like everyone else, I don't have a ton of time, so quick is always good. Reading and cooking from Robertson's recipes, I admire the way her mind works. As a fellow recipe developer, I can appreciate a well-crafted recipe. These recipes are simplified, but still interesting, and follow the shortest path from point A to point B. Simple looks easy, but it takes skill to make it that way. I also appreciate the use of whole foods, like beans, nuts and seeds, and the near absence of mock meats. Just because you are in a hurry doesn't mean you have to go in for vegan bologna or burgers every night, in Robertson's kitchen. --Robin Asbell's The New Vegetarian Following on the success of Quick-Fix Vegetarian, Robin Robertson's Quick-Fix Vegan provides 150 new vegan recipes ranging from starters, snacks, salads, sauces, and sandwiches to stovetop suppers, pastas, soups, and desserts that can all be prepared in 30 minutes or less. Quick-Fix Vegan also features Make-Ahead Bakes, convenient recipes that are assembled ahead of time (in less than 30 minutes) and then baked before serving. Quick-Fix Vegan draws upon a myriad of ethnic influences including French, Mexican, Moroccan, Mediterranean, Greek, Cajun, East Asian, Italian, and...

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