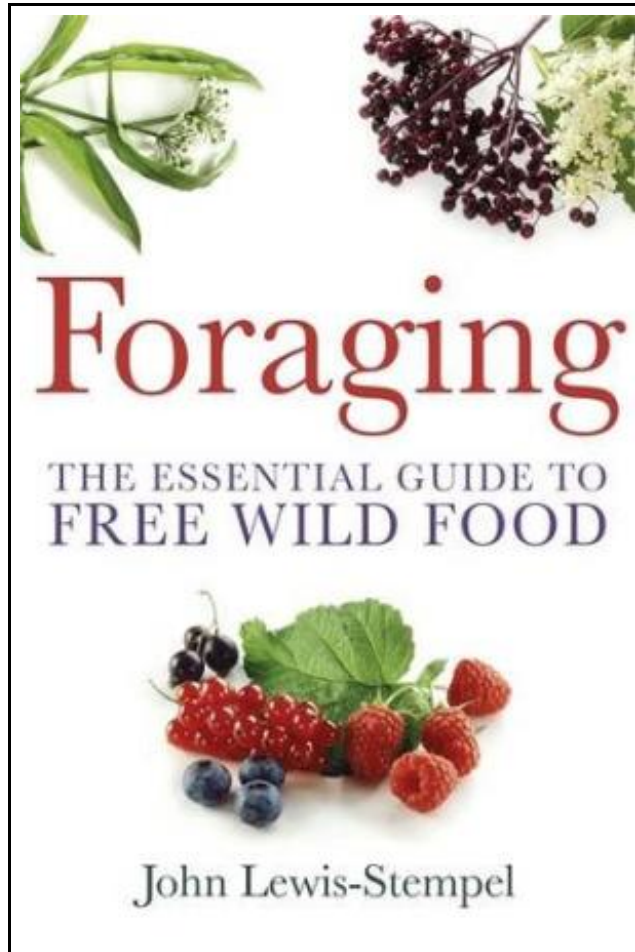


## Foraging: The Essential Guide to Free Wild Food



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