



Outward Bound Wilderness First-Aid Handbook

By Jeffrey Isaac

Globe Pequot Press. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 9.1in. x 6.1in. x 0.8in. It is critical for backcountry travelers to have the ability to handle dangerous situations when they occur. This includes a logical, commonsense approach to injury and illness that takes into account the unique aspects of the wilderness setting. This comprehensive reference book, based on the Wilderness Medical Associates curriculum, clearly explains essential diagnostics and first aid procedures necessary for wilderness injuries, including general principles in wilderness medicine; basic life support; medical supplies; wilderness travel; and the newest first aid methods for outdoor situations. It is an essential reference for anyone headed into the great outdoors. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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Reviews

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-- **Sallie Wiegand**

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