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No Matter What!: 9 Steps to Living the Life You Love (Paperback)

By Lisa Nichols

Time Warner Trade Publishing, United States, 2011. Paperback. Book Condition: New. Reprint. 202 x 132 mm. Language: English . Brand New Book. LIVE THE LIFE YOU LOVE-NO MATTER WHAT! From bestselling author and motivational speaker Lisa Nichols comes a unique and powerful inspirational program that will both move you and empower you to realize your dreams. Millions are trying to live by The Secret's Law of Attraction, but the truth is it won't work unless you flex your all-important bounce-back muscles, which give you the ability to successfully navigate life's speed bumps. By developing and toning her own bounce-back muscles at critical points in her life, Lisa found the power to become her authentic self and achieve everything she dared to hope for. Now, in NO MATTER WHAT, she offers a groundbreaking program that outlines these 9 Steps or muscles, which include among others your Confidence, Faith-in-Myself, Honesty Out Loud and Forgiveness muscles, and explains how anyone can use them to achieve happiness and off-the-charts success. In this powerful guide Lisa Nichols introduces her dynamic plan, shares her own remarkable story, and prescribes specific exercises and action steps to inspire readers to learn from their past and...



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