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MEAL IN A MUG: 80 FAST, EASY RECIPES FOR HUNGRY PEOPLE ALL YOU NEED IS A MUG AND A MICROWAVE (PAPERBACK)



Atria Books, United States, 2015. Paperback. Book Condition: New. 203 x 203 mm. Language: English . Brand New Book. Charmingly designed and perfectly approachable, here are eighty simple recipes for delicious, healthy food that require nothing more than a mug and a microwave. For anyone who can t cook, won t cook, or doesn t have the time to cook--but still wants a fresh, delicious meal instead of takeout or packaged, processed food when they re eating alone--here is the...

Read PDF Meal in a Mug: 80 Fast, Easy Recipes for Hungry People All You Need Is a Mug and a Microwave (Paperback)

- Authored by Denise Smart
- Released at 2015



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Reviews

Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be he best publication for at any time.

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